

Transition Care Program

Information for clients



About the Transition Care Program

The Transition Care Program (TCP) provides short term care services, to eligible older people in their home, after a hospital visit.

This program aims to help you recover and regain independence from a recent illness, injury, or surgery and runs for up to 12 weeks.

At Silverchain, we provide TCP services to clients in the Central and Southern Adelaide.

Our care is delivered by a multidisciplinary team, which can include:

- Occupational Therapist
- Physiotherapist
- Nurse
- Social worker
- Dietitian
- Speech Pathologist.

Our services

We work together to help you live independently at home, and to meet your goals.

This can include:

- Support with personal care like showering and grooming.
- Reducing your risk of falling at home and in the community.
- Improving your confidence and reducing anxiety when you return home.

- Support to access medical appointments.
- Help to continue attending community activities you enjoy.
- Arranging equipment or services that you may need at the end of program.

Eligibility

This service is available for people aged 65 and over, or 50 and over for Aboriginal and Torres Strait Islander people.

To be eligible, you need to be a hospital patient within the Central Adelaide Local Health Network (CALHN) or Southern Adelaide Local Health Network (SALHN), ready for discharge, and in need of short term care.

To access TCP, you will need to be assessed while in hospital. You can ask hospital staff to organise this, or you can request directly with My Aged Care (MAC) by visiting myagedcare.gov.au or calling **1800 200 422**.

You may be required to make a small daily contribution to your care, as assessed by Services Australia. Please talk to your hospital care team about this and what options are available if you cannot afford to pay.

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Your role in the program

If you are eligible for TCP, to commence receiving services you need to give consent to the referral.

As part of the program your care team will help you to set a goal, or goals, to work towards, and complete activities designed to help you achieve them.

You will need to be available for each of your scheduled visits. During your service we ask that you provide a smoke free environment, and to please keep any pets outside.

Your care team will work closely with you to provide your care and keep you always involved. We can also work with your family and carers if you prefer.

Finishing the program

You may be discharged from the program before 12 weeks have passed if you have achieved your goals for the program.

If you require ongoing services to support you at home, we can talk to you about longer term in home aged care options. We can also assist you with organising a referral through MAC for these supports.

For more information

Contact us today for more information about TCP and other in home health and aged care services we provide, and how to access them.



- **1300 650 803**
- info@silverchain.org.au
- silverchain.org.au

Assistance to access information



To access the Translating and Interpreting Service call 131 450.

The National Relay Service (NRS) can help you if you are deaf or hard of hearing. Visit accesshub.gov.au/about-the-nrs

About Silverchain

Silverchain is one of Australia's leading in home care specialists, providing health and aged care services to more than 140,000 clients a year.

Trusted by Australians to deliver care that is differentiated by quality and safety for over 130 years, we are proudly one of the only Australian home care providers accredited in both national health and aged care standards.

At Silverchain we celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

Acknowledgement of Country

Silverchain respectfully acknowledges the Traditional Custodians of the lands on which we work and live. We acknowledge Elders both past and present, whose ongoing effort to protect and promote Aboriginal and Torres Strait Islander cultures will leave a lasting legacy for future leaders and reconciliation within Australia.

Health. Human. Home.