

If your health has changed recently due to a hospital visit, illness or injury, or perhaps you have recently had a fall, you might need short-term Restorative Care to regain your mobility and improve your health.

The Restorative Care Pathway provides additional funding from the Australian Government's Support at Home program. You can also choose to self fund these services privately, while you wait.

The aim of the Restorative Care Pathway is to deliver a focused period of allied health and/or nursing services to help you improve your strength, balance, mobility, and overall wellbeing. This could be after experiencing a fall or injury, or after surgery such as a hip or knee replacement, where you have completed your hospital's rehabilitation program but still need some specialist support at home.

## Services for Restorative Care

Silverchain provides a range of services as part of Restorative Care such as:



### Nursing care

Personalised care for a range of simple to complex health needs, including wound care, and medication management.



### Allied health and therapy services

Support to restore and maintain your strength, mobility and balance, so you can live safely and independently.

Our allied health team can support you to improve your mobility and wellbeing. Depending upon where you live, our team includes experienced physiotherapists, occupational therapists, podiatrists, social workers, dietitians and speech pathologists. We can provide your care in person, or over the phone or in a video call.



### Everyday living support

Restorative Care can also include everyday living support services such as cleaning, gardening and meal preparation, and independence supports such as personal care, social support and transport, depending on your needs.



### Coordinating your care services

You will have a dedicated Care Partner to help plan, coordinate and review your services. They will work with your doctors to ensure you receive the care and support you need.

# Restorative Care

## How to apply

To be eligible for Restorative Care funded by the Australian Government's Support at Home program, you will need to be aged 65 and over, or an Aboriginal or Torres Strait Islander person aged 50 years and over, or be at risk or experiencing homelessness and aged 50 years and over.

You must also have a need for additional and intensive allied health or nursing services over a limited period of time. If this applies to you, ask your care team to arrange an assessment or contact us on **1300 650 803**.

## Time period

Restorative Care is provided over 16 weeks. If you need more care after the first 12 weeks or additional funding, you can ask your Care Partner for a Care Plan review.

## Funding and contributions

The Restorative Care Pathway is available in addition to any funding towards Support at Home services you already receive.

You can apply for up to \$12,000 depending on your needs. Any clinical services you receive will be fully funded by the Australian Government; this includes Nursing and Allied Health Care.

## For more information

If you are not already receiving Support at Home services, or you wish to access Restorative Care privately, please contact us to find out how we can help you get the support you need at home.



- **1300 650 803**
- [info@silverchain.org.au](mailto:info@silverchain.org.au)
- [silverchain.org.au](http://silverchain.org.au)

## Assistance to access information



To access the Translating and Interpreting Service call 131 450.

The National Relay Service (NRS) can help you if you are deaf or hard of hearing. Visit [accesshub.gov.au/about-the-nrs](http://accesshub.gov.au/about-the-nrs)

Although funding for the Support at Home program is provided by the Australian Government, the material in this information sheet does not necessarily represent the current views or policies of the Australian Government. It does not constitute advice. Please ensure you seek your own advice and information suited to your specific circumstances.

## About Silverchain

Silverchain is one of Australia's leading in home care specialists, providing health and aged care services to more than 140,000 clients a year.

Trusted by Australians to deliver care that is differentiated by quality and safety for over 130 years, we are proudly one of the only Australian home care providers accredited in both national health and aged care standards.

At Silverchain we celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

## Acknowledgement of Country

Silverchain respectfully acknowledges the Traditional Custodians of the lands on which we work and live. We acknowledge Elders both past and present, whose ongoing effort to protect and promote Aboriginal and Torres Strait Islander cultures will leave a lasting legacy for future leaders and reconciliation within Australia.

**Health. Human. Home.**